



Choose if data from your health records is shared for research and planning

Manage your choice

Use this form to make your choice if you are aged 13 or older.

Further details about how the NHS uses health data can be found online at www.nhs.uk/your-nhs-data-matters

Once completed you can either email or post this form.

To email this form to our NHS Digital Contact Centre please use:
enquiries@nhsdigital.nhs.uk

To post the form please send to:

National Data Opt Out
Contact Centre
NHS Digital
HM Government
7 and 8 Wellington Place
Leeds
LS1 4AP

Section 3

Tell us your choice

The choice you are making is whether your confidential patient information can be used for:

- research to find cures and better treatments for illnesses
- planning where we need to improve or provide more health services

This decision will not affect your individual care and you can change your choice at any time.

I allow my confidential patient information to be used for research and planning

Yes, I allow my confidential patient information to be used for research and planning

No, I do not allow my confidential patient information to be used for research and planning

Section 4

If you would like confirmation of your choice please provide your email address in the box below. Postal confirmation is not available at present.

Email address:

Section 5

Your declaration

I confirm that the information I have given in this form is correct.

Signature

Date signed

Where to send your form

Please send your form to one of the following:

Email :

enquiries@nhsdigital.nhs.uk

Post :

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HM Government
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What happens next

It can take up to 14 days to process your form once we've got it.

Once we've processed your form we will send you confirmation of your choice. It can take up to 21 days for your choice to apply to future data releases leaving the NHS.

We will keep this form for a minimum 3 months in case of any errors or queries.

For more information please read our privacy notice on our website
your-data-matters.service.nhs.uk/privacynotice