

London Borough of Bexley

News Release

For Immediate Release

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All Aboard at Danson Park

Bexley has been awarded £15,000 from the London Marathon Trust for the provision of sailing boats at Danson Watersports Centre to support the delivery of the new 'All Aboard' adult sailing programme.

The programme targets inactive adults and women. New sessions will be set up for each group, a Monday evening beginner's adult group and a 'Women on Water' session on Friday evenings for all abilities. The sessions will start in April and will run all summer.

Bexley's Cabinet Member for Community Safety, Environment and Leisure, Cllr Peter Craske said: "This is good news for Bexley's residents as it means that the Centre will be able to expand the range of sailing programmes it offers and adults in the Borough will be more active more often. We want to ensure that the Centre offers the best possible service for all of the community and these funds will help us."

Sessions will also be set up to support those who are not water confident to get aboard. Those who are not sure if they have the right fitness level need not worry, as the friendly supportive staff at the centre will help them gain the fitness they need, to get the most out of sailing, no matter what their level.

Not sure if sailing is for you? Free taster sessions will be available for those who want to experience the benefits that sailing can bring.

For more information or to register your interest contact the centre on 020 8303 2828 or email watersports@bexley.gov.uk

- The London Marathon Charitable Trust's mission is to help make available high-quality, accessible and affordable opportunities for sport, play and physical activity, primarily in the areas in which London Marathon Events Limited organises mass-participation sporting events. The funding goes towards facilities projects that inspire increased participation in physical activity, sport and play. The Trust supports organisations with a clear commitment to getting people more active and effective strategies for helping people to build physical activity into their daily lives.

